## Message

From: Farak, Sonja (DPH) [/O=COMMONWEALTH OF MASSACHUSETTS/OU=MASSMAIL-

01/CN=RECIPIENTS/CN=SONJA.FARAK]

**Sent**: 6/4/2012 1:58:35 PM

To:

Hi Amy-

So... I need your advice on something. Should I tell mom and dad that I have diabetes? And if so, when (and how)? I know if I don't tell them, they (mom) will be pretty upset when they find out. And if I tell them, I take the chance of having to get 'lectured', plus I might miss out on all my favorite foods when we visit. Thanks.

-Sonja